

Modern Quilt Group Meeting March 7, 2019

We had 12 members out for our meeting which was great for March.

We did our **Strip Color draw** and here are the winners.

- January- Grey -Wendy B
- February-Pink-Linda G
- March -Green -Wendy W

April will be purple 2.5 -wof strip.

Sandi Carnell presented her **Big Stitch lesson** to us.

She handed out coaster size sandwiched squares for us to stitch with pearl cotton.

It was fun and we learned another quilt skill !

Hope we finish them and bring to Share Modern next month.

Thanks to Sandi for providing the materials and sharing her skills.

We then had **Share Modern**.

- Pam showed her Reiki quilt that she made to give to the Reiki Conference which she is attending this spring in England. It has the Reiki Logo off centre in golds on a turquoise green background that Jennifer Rika quilted.
- Sandi showed us her Triangle Flower quilt with Tula Pink fabrics and she used a special triangular ruler.
- Linda S showed her colorful blocks that she is making following block of month patterns with Sue at Quilting in Muskoka Shop.
- Wendy W showed her completed Kaffe Fasset "no waste "large flying" geese quilt. She also completed UFO blocks that she made into 2 bags and a hot pad. She also showed our group's wonky quilt that she and Sandi will complete next week.
- Linda G showed a neat wall hanging that she did for her husband's birthday. It was the Morse Code in dots plus quilted in the message.
- Hanne showed a Sleeping Fox pillow that she had made that was adorable.

Ardith then taught us her very informative **yoga exercises for quilting** .

She showed us how to correct our posture while we are sewing and exercises to ease the pain!

Hope she will repeat these at meetings in the future.

Thanks to Ardith for sharing her expertise of yoga.

It was a jammed pack meeting and we certainly learned new skills and we all had a fun time as usual.

Next meeting is April 4.

Happy Spring to all.

Submitted by Wendy Wight